When your life needs to change, you need a place to turn.

That place is New Directions.

Discover the new you and join us for *Career SOS*, a special 10-day version of our signature program designed exclusively for women in career transition.

For the first time, this program will be brought to Worthington and offered to surrounding area residents at the Worthington Resource Pantry.

Don't miss this opportunity to learn how to live fully and freely, and become the woman you want to be.

April 3rd – 14th, 2017

Weekdays from 9am – 3pm

6700 Huntley Road, Columbus OH, 43229

A sliding fee scale, transportation and child care assistance, and incentives are available to all participants.

Worthington Resource Pantry

NEWDIRECTIONS Career Center

TOPICS INCLUDE

- MAKING TIME FOR SELF & SELF CARE
- DEFINING SUCCESS IN YOUR CAREER
- IDENTIFYING CAREER VALUES
- PERSONALITY, SKILLS & INTERESTS ASSESMENTS
- SELF ESTEEM & SELF COMPASSION
- ASSERTIVE COMMUNICATION & BOUNDARIES
- EXPLORING CAREER RESOURCES
- RESUME WRITING
- GOAL SETTING & OVERCOMING BARRIERS
- SELF – MARKETING
- INTERVIEWING
- NETWORKING
- INFORMATIONAL INTERVIEWS
- LINKEDIN
- CREATING YOUR PLAN FOR CHANGE

PRIOR REGISTRATION IS REQUIRED

PLEASE CONTACT US AT 614-849-0028

199 East Rich Street, Columbus OH, 43215 · 614-849-0028 · ndcc@newdirectionscc.org